



ANNUAL REPORT

2025

**Building
Futures
Through Sport**

BE THE CHANGE

FORSPTS FOUNDATION · EST. 2014

2,100+

YOUNG PEOPLE
REACHED

3

REGIONS
COVERED

15

COMMUNITIES
SERVED

GHS 1.4M

TOTAL
REVENUE

Table of Contents

01	Message from the Founder & CEO	p. 03
02	Message from the Chairman	p. 04
03	Who We Are — Mission & Vision	p. 05
04	2025 At a Glance — Key Highlights	p. 06
05	Programme Delivery — All Programmes	p. 07
06	Girls4Goals — Flagship Programme	p. 08
07	Geographic Reach	p. 10
08	Voices from the Field	p. 11
09	Partnerships & Supporters	p. 12
10	Financial Summary 2025	p. 13
11	Partners & Donors 2025	p. 14
12	Governance & Leadership	p. 15
13	Challenges & Learning	p. 16
14	Looking Ahead — 2026 Outlook	p. 17
15	2025 in Action: Programme Highlights	p. 18
16	2025 in Action: Moments of Impact	p. 19



Christopher Forsythe
FOUNDER & CEO

Message from the Founder

"Every girl who steps onto a football pitch takes a step toward her future. That is why we exist."

As I reflect on 2025, I am filled with profound gratitude and pride. This has been a year of significant growth, deepened impact, and renewed purpose for Forsports Foundation. From the dusty pitches of Sunyani to the vibrant communities of Techiman and Goaso, we have witnessed firsthand how sport can be a transformative force in the lives of young people.

In 2025, our programmes reached over 2,100 young people across 15 communities in three regions of Ghana — Bono, Bono East, and Ahafo. Our flagship Girls4Goals programme alone engaged 600 girls directly, while our Health and Wellbeing, WASH, Life Skills, and Environmental programmes extended our reach to hundreds more boys, girls, parents, teachers, and community leaders.

The numbers tell only part of the story. Behind every statistic is a young girl who now speaks with confidence in her classroom, a boy who has learned to resolve conflict peacefully, a community that planted trees together and understood why. This is the work we do — and it matters.

I am deeply grateful to our 2025 Donors — Macron, Celtic FC, Common Goal/King Baudouin Foundation, Vileo Energy, Averi Capital, churches, and foundations — whose generous support made this year possible. I equally acknowledge the dedication of our staff, volunteers, coaches, teachers, and community champions who show up every day with heart.

As we look to 2026 and the development of our permanent Sunyani Integrated Community Sports and Youth Empowerment Centre, I invite every partner, donor, and friend of Forsports Foundation to join us in building a facility that will anchor our work for generations to come. The best is truly ahead of us.

With gratitude and appreciation,
Christopher Forsythe — Founder & CEO



Forson Osei Bonsu
CHAIRMAN, EXECUTIVE
COUNCIL

Message from the Chairman

"Sound governance and strategic investment in youth today is the most valuable thing we can do for Ghana tomorrow."

On behalf of the Executive Council of Forsports Foundation, I am pleased to present this Annual Report for the year 2025. This has been a milestone year — one that has demonstrated both the resilience of our organisation and the profound difference that well-governed, community-embedded programming can make in the lives of Ghana's young people.

The Executive Council has maintained active oversight of the Foundation's strategic direction, financial stewardship, and governance throughout the year. We are pleased to report that the Foundation maintained a positive financial surplus in 2025, with total revenue of GHS 1,422,000 and disciplined expenditure management resulting in a surplus of GHS 6,000.

The Council strongly supports the Foundation's 2026-2030 strategic direction, including the development of the Sunyani Integrated Community Sports and Youth Empowerment Centre. This permanent infrastructure investment of \$2,000,000 represents the natural next step for an organisation that has consistently delivered results in borrowed spaces and is now ready to build a lasting institutional home.

We thank our donors, partners, community leaders, and all who have invested their trust in Forsports Foundation. Your confidence drives our commitment to accountability, transparency, and impact.

Forson Osei Bonsu
Chairman, Executive Council



Charles Strikland
MEMBER, EXECUTIVE
COUNCIL

Message from the Council

"The evidence is clear — when young people are given structured opportunities, they rise. Forsports Foundation creates those opportunities."

As a member of the Executive Council, I have had the privilege of observing Forsports Foundation's work at close range throughout 2025. What consistently strikes me is not merely the scale of what is being achieved, but the quality and intentionality behind every intervention.

The Foundation's ability to deliver comprehensive youth development programming — spanning sport, education, health, environmental awareness, and life skills — across three regions, with relatively lean resources, is a testament to the extraordinary dedication of its team and the depth of its community partnerships.

Particularly noteworthy in 2025 was the measurable impact of the Girls4Goals programme, which demonstrated remarkable gains across all tracked indicators. Seeing girls move from a 34% confidence baseline to 82% — that is not a small achievement. That is a transformation. And it is exactly the kind of evidence-based impact that gives donors, communities, and governments the confidence to continue investing in this work.

I look forward to 2026 with great anticipation — particularly the facility development project that will give this excellent organisation the permanent home it deserves. I encourage all stakeholders to support this vision.

Charles Strikland
Member, Executive Council

Who We Are

Our Mission

To empower children and young people, particularly girls, through sport-based programmes that build confidence, leadership, and life skills while addressing critical community development needs in education, health, gender equality, and environmental sustainability.

Our Vision

A Ghana where every child has access to safe, inclusive sport and development opportunities that unlock their full potential and contribute to thriving, resilient communities.

Our Values

- Inclusion: Every child deserves access regardless of gender, background or ability.
- Integrity: Transparent, accountable stewardship of all resources entrusted to us.
- Impact: Evidence-based programming that produces measurable, lasting change.
- Community: Local ownership, participation and leadership in all we do.



KEY FACTS

<p style="font-size: 2em; font-weight: bold; color: gold;">2014</p> <p>Year Founded</p>	<p style="font-size: 2em; font-weight: bold; color: gold;">11 yrs</p> <p>Operating</p>
<p style="font-size: 2em; font-weight: bold; color: gold;">22</p> <p>Staff & Volunteers</p>	<p style="font-size: 2em; font-weight: bold; color: gold;">5</p> <p>Core Programmes</p>

SDG Alignment



Key Highlights

2,100+

TOTAL YOUNG
PEOPLE REACHED

600

GIRLS DIRECTLY
IN GIRLS4GOALS

15

COMMUNITIES
SERVED

3

REGIONS
COVERED

1,500

INDIRECT
BENEFICIARIES

186

FOOTBALL
SESSIONS

1,000

TREES
PLANTED

550

TEACHERS &
MENTORS TRAINED

91%

Girls4Goals
Retention Rate

GHS 1.4M

Total Revenue
(+205% on 2024)

30+

Schools
Engaged

Programme Delivery 2025

Forsports Foundation delivered five core programmes in 2025 across Bono, Bono East, and Ahafo Regions. Girls4Goals remains the flagship programme; however, the Foundation's full impact extends across sport, health, WASH, environmental, and life skills programming for both girls and boys.



Girls4Goals

Football-based empowerment integrating life skills, health, leadership, and environmental education for girls aged 10–17.

600 Direct

1,500 Indirect

186 Sessions

91% Retention



Boys Sport & Life Skills

Community football leagues and structured life skills sessions for boys aged 10–17, developing teamwork, discipline, and responsible masculinity.

450 Direct

12 Communities

96 Sessions



Health & Wellbeing

Health education encompassing nutrition, mental health, menstrual hygiene, SRHR awareness, and psychosocial support for participants and communities.

500 Reached

46 Sessions

10 Schools



WASH Programme

Water, sanitation, and hygiene education and infrastructure support for schools and communities, including handwashing stations and hygiene kits.

350 Reached

8 Schools

Community Led



Environmental Awareness

Climate change education, tree planting initiatives, and community-led environmental stewardship activities linking youth to ecological responsibility.

1,000 Trees

5 Acres

100+ Youth



Life Skills (Standalone)

Dedicated life skills curriculum for out-of-school youth and boys, covering decision-making, conflict resolution, financial literacy, and future planning.

200 Youth

28 Sessions

Mixed Gender

4 Full-Time Staff

3 Part-Time Staff

15 Volunteers

350 Youth Mentors & Coaches Trained



Girls4Goals Impact in Depth

Girls4Goals is Forsports Foundation's evidence-based flagship programme using football as an entry point to advance education, life skills, leadership, health, and environmental awareness for girls aged 10–17 in underserved communities.

In 2025, the programme expanded to cover 15 communities across three regions, delivering 186 football training sessions, 124 life skills workshops, 46 menstrual hygiene sessions, and 28 environmental awareness sessions — with a 91% retention rate across all participants.



ACTIVITY BREAKDOWN

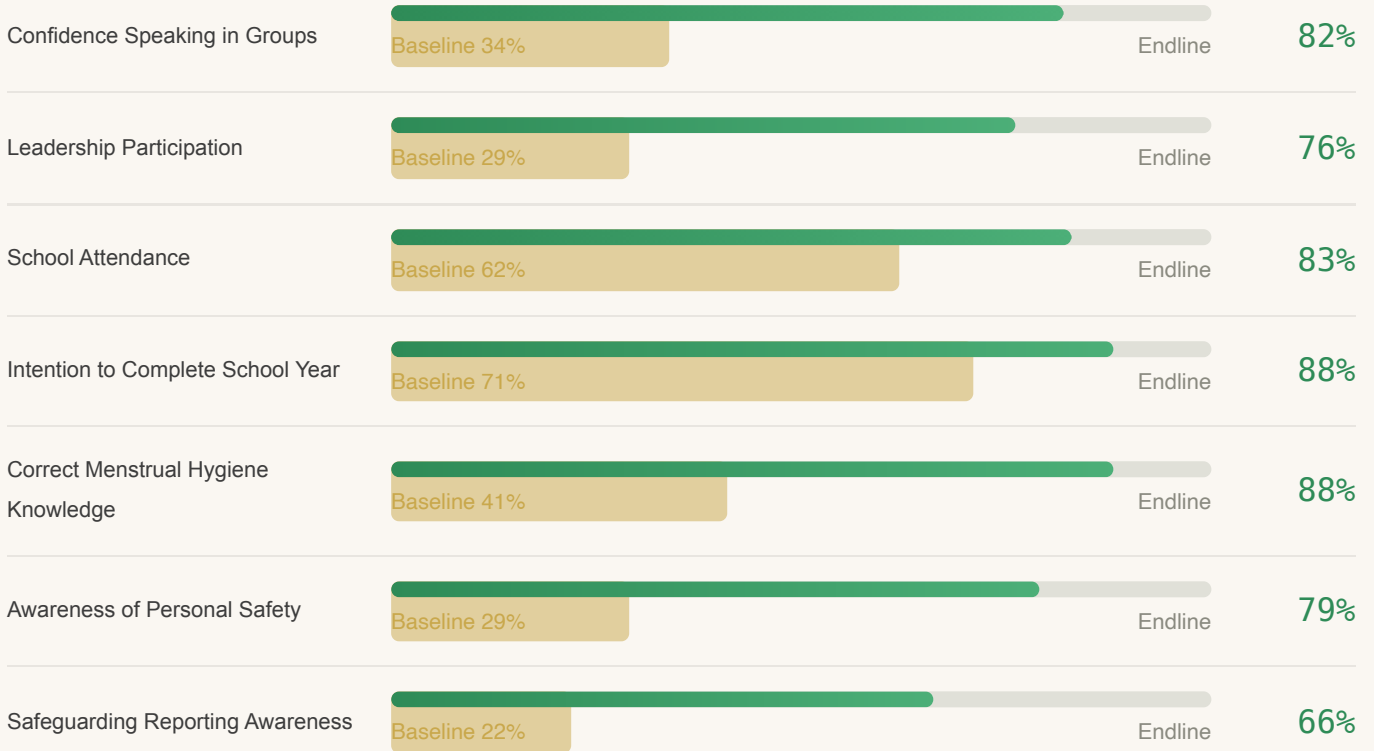
Football training sessions	186
Life skills workshops	124
Menstrual hygiene sessions	46
Environmental sessions	28
Community engagement events	14
Capacity building sessions	2

CAPACITY BUILDING

200	350
Teachers Trained	Mentors & Coaches
120	30
Female Facilitators	Schools Continuing

Measured Impact — Baseline to Endline

All indicators measured using pre/post surveys at baseline and endline across the programme cycle.



Where We Work

In 2025, Forsports Foundation delivered programmes across three regions of Ghana, reaching 15 communities through partnerships with public schools, community football parks, and local centres.

<p>Sunyani (G4G Regional Hub)</p> <p>PRIMARY REGION</p> <ul style="list-style-type: none"> Sunyani Abesim Odomase Kwatire / Adentia Fiapre 	<p>Bono East Region</p> <p>EXPANDED COVERAGE</p> <ul style="list-style-type: none"> Techiman Tuobodum Kwame Danso East-Badu Abease 	<p>Ahafo Region</p> <p>GROWING PRESENCE</p> <ul style="list-style-type: none"> Goaso Ntotroso Kenyasi Yamfo Susuanso
--	--	--

<p>3</p> <p>Regions</p>	<p>15</p> <p>Communities</p>	<p>30+</p> <p>Schools</p>	<p>900+</p> <p>Parents & Caregivers</p>
--------------------------------	-------------------------------------	----------------------------------	--

COMMUNITY STAKEHOLDERS ENGAGED

<p>~900 Parents & Caregivers</p>	<p>50 Community Leaders</p>	<p>15–20 Community Clubs</p>
--------------------------------------	-----------------------------	------------------------------

Voices from the Field



"Before Girls4Goals, I was shy and afraid to speak during activities. Now I enjoy playing football and talking with my friends about what we learned. I feel happy coming to school, and I want to continue learning."

Angelina Mensah · Roman Catholic Primary School, Kwatire, Sunyani West Municipal



"Girls4Goals taught me confidence and leadership. I learned how to take care of my health and respect myself. I now believe I can finish school and become a leader in my community."

Akosua Boateng · Kwatire-Adentia M/A Junior High School, Sunyani West Municipal

“

"The programme has had a visible impact on the girls' confidence, attendance, and participation in class. The combination of sport and life skills makes learning practical and engaging, especially for girls who were previously quiet or disengaged."

Mr. Kofi Asante
JHS Teacher, Presby Junior High School, Odomase

“

"I have seen a big change in my daughter. She is more confident, talks openly about her health, and takes her school work seriously. Girls4Goals has supported not only the girls but also families in our community."

Mrs. Ama Owusu
Parent, Kwatire-Adentia, Sunyani West Municipal

"Forsports Foundation's programmes have had a tremendous effect on our pupils. The football sessions have strengthened confidence, teamwork, and discipline, and the distribution of football kits has increased participation among both boys and girls. The menstrual health education and provision of sanitary pads have also helped girls to stay in school and take part fully. Overall, the programme has supported improved attendance, engagement, and wellbeing across the school."

Mr Waseem Mumuni · Headteacher, Adentia St Mary's Primary School, Adentia, Bono Region







Partners & Supporters

Forsports Foundation's impact in 2025 was made possible through the generous support of a diverse group of international and local partners. We are deeply grateful to all who invested in our mission.

PARTNER / DONOR	CONTRIBUTION	VALUE (GHS)
Macron	Kits & Equipment	GHS 144,000
Celtic FC	Kits	GHS 96,000
Common Goal / King Baudouin Foundation	Donation for Girls4Goals and Programme Delivery	<i>Confidential</i>
Forsports Foundation	Coordination & Administration	GHS 72,000
Local Clubs	Facilities & Volunteer Time	<i>In Kind</i>
Vileo Energy	Donation	GHS 120,000
Averi Capital	Donation	GHS 180,000
Churches & Foundations	Donations	GHS 144,000
GIRLS4GOALS PROGRAMME TOTAL		GHS 936,000

Note: In-kind contributions from Macron and Celtic FC (kits and equipment) are disclosed for transparency but are not included as cash revenue in the financial statements. Total organisational revenue across all programmes was GHS 1,422,000.

Strategic Partner Organisations

 <p>Beyond Sport Football philanthropy & programme support</p>	 <p>GlobalGiving Vetted charity status & global donor access</p>	 <p>Sports for Social Change Network Africa Regional peer network</p>	 <p>UN Football for the Goals SDG alignment & recognition</p>
--	--	--	---

International Partner



Kölner Verbund der Migrantenorganisationen (KVMO) e.V.

Cologne, Germany

KVMO e.V. is one of Forsports Foundation's key international partners supporting our work in rural WASH and environmental sustainability. Through this partnership, we have delivered solar-powered boreholes and community WASH initiatives in underserved communities across the Bono, Bono East, and Ahafo Regions, helping to improve access to safe water while strengthening local ownership and sustainability.

<p>3</p> <p>REGIONS</p>	<p>Solar</p> <p>POWERED BOREHOLE</p>	<p>WASH</p> <p>INITIATIVES</p>
--------------------------------	---	---------------------------------------

Our Collaborators

Forsports Foundation works in close collaboration with key institutions and community stakeholders to deliver safe, inclusive, and impactful programmes. These collaborations strengthen local ownership, improve programme quality, and ensure long-term sustainability for children and young people across Ghana.



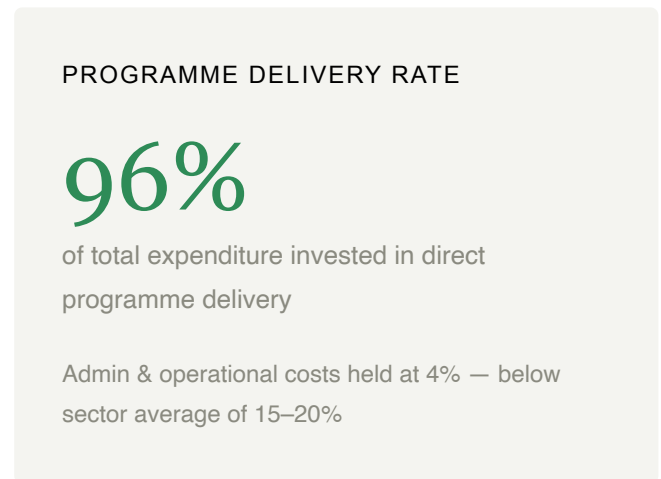
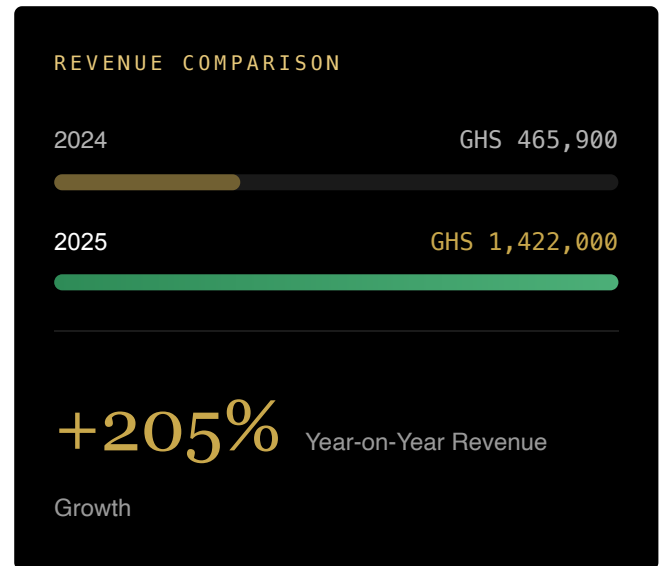
Financial Summary 2025

The following summarises the financial performance of Forsports Foundation for the year ended 31 December 2025. Full audited accounts are available on request.

Income & Expenditure

DESCRIPTION	GHS
REVENUE	
Grants & Institutional Donors	568,800
Corporate Sponsorships	753,660
Fundraising & Individual Donors	85,320
Church & Foundation Donations	14,220
TOTAL REVENUE	1,422,000
EXPENDITURE	
Girls4Goals Programme	936,000
Health & Wellbeing	170,640
WASH Programme	113,280
Environmental Programme	85,320
Boys Sport & Life Skills	56,880
Organisational & Admin Costs	53,880
TOTAL EXPENDITURE	1,416,000
SURPLUS FOR THE YEAR	6,000

Year-on-Year Growth



Partners & Donors 2025

Every contribution changes a life. The 2025 impact you see throughout this report — 2,100 youth reached, 1,000 trees planted, 600 girls empowered — was made possible by the generosity and belief of our donors and partners. We thank you for investing in Ghana's young people and for trusting us to deliver. Your support is not just funding; it is fuel for a movement.



Your partnership makes a real difference. Together, we are creating opportunities, building skills, and empowering the next generation of Ghanaian youth to thrive.

Governance & Leadership

Forsports Foundation is governed by an Executive Council that provides strategic oversight, financial accountability, and organisational direction. The Foundation operates in full compliance with its registration obligations and upholds international safeguarding and child protection standards.

<p>Christopher Forsythe FOUNDER & CEO</p> <p>Leads overall strategic direction, programme delivery, and external partnerships. 20+ years combined leadership experience in sport and development.</p>	<p>Forson Osei Bonsu CHAIRMAN, EXECUTIVE COUNCIL</p> <p>Provides governance oversight, strategic guidance, and stakeholder engagement. Ensures accountability to donors, communities, and regulatory authorities.</p>	<p>Charles Strikland MEMBER, EXECUTIVE COUNCIL</p> <p>Supports programme quality oversight, monitoring and evaluation, and strategic planning. Advocates for evidence-based programme development.</p>
<p>Owuraku Nsiah FINANCE AND ADMIN MANAGER</p> <p>Oversees financial planning, budgeting, and administrative operations to ensure the smooth and efficient running of Forsports Foundation's programmes.</p>	<p>Kwame Anin Frimpong PROGRAMME MANAGER</p> <p>Leads the planning, execution, and evaluation of sports and community programmes, ensuring they align with the foundation's mission to empower youth through sports.</p>	<p>Ali Bamuni HEAD COACH</p> <p>As Head Coach, he uses football as a tool for development, fostering teamwork, discipline, and life skills while creating a positive and inclusive learning environment.</p>

GOVERNANCE STANDARDS

- ✓ Registered Non-Profit (D.S.W/6205)
- ✓ Annual financial reporting
- ✓ International safeguarding standards
- ✓ Child protection policies
- ✓ GlobalGiving vetted charity status

TEAM COMPOSITION

Full-Time Staff	4
Part-Time Staff	3
Volunteers	15

Challenges & Learning

Honest reflection on challenges is central to our accountability. The following challenges were encountered in 2025 and have informed our 2026 strategy.

01 LACK OF DEDICATED FACILITY

The absence of a permanent Forsports Foundation facility remained the most significant structural constraint in 2025. Reliance on school fields and community spaces — available only when not in use by host institutions — directly limited the frequency, duration, and quality of programme delivery. Scheduling conflicts, inconsistent access to equipment, and inability to run full-day or evening activities meant that programme intensity fell below potential.

Response: The Sunyani Integrated Community Sports & Youth Empowerment Centre — a \$2,000,000 permanent facility — has been prioritised as the cornerstone of the 2026-2030 strategy.

02 DEMAND EXCEEDING CAPACITY

Demand for Girls4Goals and related programmes consistently exceeded available delivery capacity. Schools and communities requested more sessions than could be accommodated with existing staff, volunteer, and venue resources. This resulted in session rotation and waitlists, meaning not all interested girls and youth could be served in 2025.

Response: Expanded volunteer training (350 youth mentors), and scale-up plan targeting 5000+ annually participants by 2030 through the permanent facility.

03 SCHOOL CALENDAR CONFLICTS

Alignment between programme schedules and school academic calendars required continuous negotiation. Examination periods, school events, and holiday breaks interrupted session continuity, affecting momentum and programme retention in some communities.

Response: Early-term coordination meetings with school leadership established in all partner schools. Flexible delivery models developed for school-holiday periods.

04 FUNDING CONCENTRATION RISK

While total revenue grew significantly in 2025, a portion remains concentrated in a limited number of large donors. Broadening the funding base remains a strategic priority to ensure long-term organisational resilience and reduced dependency on any single source.

Response: Diversification strategy targeting 15+ active funders by 2030 and development of earned income through the proposed facility.

2026 Outlook & Strategic Priorities

Building on the strong foundation laid in 2025, Forsports Foundation enters 2026 with a clear strategic vision anchored by six priorities aligned with the 2026-2030 Strategic Plan.

PRIORITY 01**LAUNCH SUNYANI FACILITY DEVELOPMENT**

Secure the \$2,000,000 required to begin Phase 1 construction of the Sunyani Integrated Community Sports and Youth Empowerment Centre on the 5-acre site in Sunyani. Phase 1 will deliver a small-sided artificial turf pitch, grass pitch, changing rooms, and core safeguarding infrastructure by end of 2026.

PRIORITY 02**SCALE GIRLS4GOALS TO 750+ DIRECT PARTICIPANTS**

Expand Girls4Goals from 600 to 750 direct participants with increased programme frequency (3x weekly sessions), deeper integration of health, education, and digital skills components, and training of 50+ additional peer mentors.

PRIORITY 03**EXPAND TOTAL REACH TO 5,000+ YOUTH**

Scale all programmes collectively to reach 5,000+ young people across Bono, Bono East, and Ahafo Regions, with targeted expansion into additional communities and continued strengthening of the boys' sport and life skills programme.

PRIORITY 04**STRENGTHEN FINANCIAL SUSTAINABILITY**

Broaden the donor base to 15+ active funders, launch a diaspora giving programme, pursue multi-year grant agreements, and develop initial revenue generation through pitch hire and training programme fees once Phase 1 facility is operational.

PRIORITY 05**DEEPEN INSTITUTIONAL PARTNERSHIPS**

Formalise technical partnership with the Johan Cruyff Foundation for facility design, expand government engagement with the Ministry of Youth and Sports and Ghana Education Service, and strengthen regional corporate partnerships for sustained CSR support.

PRIORITY 06**ENHANCE M&E AND KNOWLEDGE SHARING**

Invest in digital monitoring systems for real-time participant tracking, publish the 2025 Girls4Goals Impact Report publicly, and position Forsports Foundation as a knowledge resource for sports-for-development practitioners across West Africa.

2025 in Action: Programme Highlights



2025 in Action: Moments of Impact



THANK YOU

Every contribution changes a life.

We are grateful to every donor, partner, volunteer, coach, teacher, and community champion who made 2025 possible. Together, we are building futures through sport — one young person at a time.

2,480

YOUTH EMPOWERED

5

CORE PROGRAMMES

11

YEARS OF IMPACT

GET IN TOUCH

WEBSITE

www.forsportsfoundation.org

EMAIL

info@forsportsfoundation.org

PHONE

+233 207 325 166

ADDRESS

P.O. Box 2584, Sunyani
Bono Region, Ghana

Forsports Foundation

Reg. No. D.S.W/6205 · Established 2014

ANNUAL REPORT 2025

Published February 2026